

# The Neon Green



## Ingredients

- 1 cup peas
- 1 head of broccoli
- 1 small zucchini
- 1 cup of spinach
- 1 apple
- 1/8 cup lemon juice

## Method

1. Peel apple, and finely chop apple, zucchini, and broccoli.
2. Steam apple, zucchini, and broccoli until soft.
3. Put all in a bowl and blend until smooth.

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