

The Neon Green



Ingredients

- 1 cup peas
- 1 head of broccoli
- 1 small zucchini
- 1 cup of spinach
- 1 apple
- 1/8 cup lemon juice

Method

1. Peel apple, and finely chop apple, zucchini, and broccoli.
2. Steam apple, zucchini, and broccoli until soft.
3. Put all in a bowl and blend until smooth.

