

Egg Bites

Ingredients

- 6 eggs
- 1 cup milk
- 1/2 cup finely-grated cheese
- 1/2 an onion, grated
- 1-2 cups mix-ins, e.g. bacon bits, peas, grated broccoli, chopped spinach, etc

Method

1. Preheat oven to 180C / 350F.
2. Mix all ingredients together.
3. Grease and fill mini muffin tray.
4. Bake 10-15 minutes.

Notes

Makes approximately 40.

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