

Korean Rissoles (?? ????)

Ingredients

- 250g / 1/2lb minced beef
- 125g / 4oz tofu
- 1 small onion
- 1 small carrot
- 2 tsp minced garlic
- 1/2 tsp salt
- 1/2 tsp pepper
- 2 eggs, whisked
- 1/2 cup flour or Korean pancake mix

Method

1. Finely chop the onion and grate the carrot, then add to a bowl with minced beef, crumbled tofu, salt and pepper, and mix well with hands.
2. Shape the mixture into bite-sized patties, dredge in flour and then egg, and fry in a heated, oiled pan.

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