

# Brownies

## Ingredients

- 1 cup brown sugar
- 1 1/2 cups self-raising flour
- 1/2 cup cocoa powder
- 1 cup butter or coconut oil, melted
- 4 eggs
- 1 tsp vanilla extract
- pinch of salt
- 1/2 cup walnuts (optional)
- 1/2 cup chocolate chips (optional)

## Method

1. Preheat oven to 180C / 350F.
2. Mix together the dry ingredients (minus optional add-ins).
3. Add the wet ingredients.
4. Stir well, and add in the optional add-ins.
5. Pour into baking tray.
6. Bake for 20 minutes

## Variations

For a high-protein variation, instead of the listed flour and cocoa powder, use 1 cup flour, 3/4 cup chocolate protein powder, and 1/4 cup cocoa powder.

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Revision #4

Created 2024-12-09 01:42:02 UTC by Anna Pardee

Updated 2024-12-09 22:01:30 UTC by Anna Pardee