

# Veganicotti: Vegan Cheesy Spread

## Ingredients

- 1 cup cashews, almonds, or sunflower seeds
- 14oz firm tofu, drained and crumbled
- 1/2 cup chopped basil
- 1/4 cup nutritional yeast
- 1/4 cup lemon juice
- 1 tbsp dried oregano

## Method

1. Blend nuts/seeds until they resemble sand.
2. Add all other ingredients to blender and process until smooth.

## Notes

Use to stuff pasta; as a dip; or as a spread.

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