

# Christmas Pudding

See also "[Start of the Nativity Fast](#)".

## Introduction

Watch a three-minute video, "[Stir-Up Sunday: Stir and Pray](#)", or learn the "[Christmas Pudding Song](#)".

## Activity 1

Find all the ingredients for the [Christmas pudding](#), measuring and chopping as needed.

## Activity 2

Make the [Christmas pudding](#), making sure to say the "Stir Up" prayer.

“ Stir up, O Lord, the wills of Your faithful people that they may plenteously bring forth the fruit of good works, as they await the coming of our Lord Jesus Christ to restore all things to their original perfection; who with You and the Holy Spirit lives and reigns for ever and ever. Amen.

