

Emotions

Introduction

Watch a three-minute video, "[Faireachdainnean](#)", and a two-minute video, "[Slàinte-Inntinn](#)".

Activity 1

A gross-motor or sensory activity to get the wiggles out.

Activity 2

A more sedate activity, usually involving letters, numbers, or fine-motor.

Lunch Snack

Ideally themed to the topic.

Activity 3

Crafting activity.

Activity 4

Any other fun optional bonus.

Revision #2

Created 15 November 2024 02:34:38 by Anna Pardee

Updated 15 November 2024 03:27:00 by Anna Pardee