

Braised Zucchini (西葫芦)



Ingredients

- 2 zucchinis
- 1 spring onion
- 2 tsp soy sauce
- 1 tsp minced garlic
- 1 tsp sesame oil
- 1 tsp sesame seeds

Method

1. Cut zucchini to 1/2cm thick.
 2. Sauté with soy sauce, garlic, and sesame oil for 2-3 minutes.
 3. Add finely chopped spring onion, sesame seeds, and a little bit of water, and cook until soft.
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