

Honey-Cinnamon Carrots



Ingredients

- 500g / 1lb carrots
- 1/4 cup honey
- 2 tsp minced garlic
- 2 tsp olive oil
- 1 tsp cinnamon
- 1/2 tsp ginger
- pinch of salt and pepper

Method

1. Preheat oven to 180C / 350F.
2. Cut carrots into sticks.
3. Mix all other ingredients well and toss through carrots.
4. Bake for 30 minutes.

Notes

Serves 4.



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